



at Charles Stuart University in Bathurst. Michelle will be focusing on the 4 to 5 year old children



Emma started with us in October and has been doing a great job in the room. She has brought with her some fantastic ideas and will focus on the 3 to 4 year olds next year.

Emma and Michelle will share the responsibility of room leader.

Sally has played a fantastic role in the Octopus room in 2008 and will continue to work in the Octopus room in 2009. Sally is also extending her knowledge by studying her certificate III in children services next year.

If you have any questions regarding staff, please talk to Meredith or Gary.

Staff for 2009

Special points of interest:

- **Michelle has joined us in the Octopus room.**
- **Staffing for next year.**
- **Orientation in December.**
- **Graduation.**
- **Accreditation.**

We are very excited to introduce Imaginations staff for 2009. Each staff member brings valuable knowledge, skills and connections to the families, children and rooms.



Pelican Room Staff:

Jeni will be room leader of the pelican room.

Jacquie is an advanced child care worker, she will be working Monday, Tuesday and Friday.

Kate will be joining the Pelican room next year, after successfully completing her traineeship, she now brings that knowledge to the baby room.

Paige will be leaving us to advance her horizons

in Sydney. We wish her all the best in her new adventure; all the children, families and staff will miss her dearly.



Starfish room staff:

It is very sad that **Harni** is leaving us at the end of this year. She is moving to Mackay and will be studying Early Childhood at University. We wish her all the best in her future.

Natise will be stepping into Harni's role as room leader, she has been studying her Diploma at TAFE in Orange, and is looking forward to the extra responsibility of being

room leader.

Leah will remain in the starfish room as the trainee and will complete her traineeship mid next year.

Hannah will be joining the starfish room full time next year. Hannah has proven herself to be a dedicated worker and has a real passion and interest for the job she does. She has enrolled to study her Certificate III in children's services.



Octopus room staff:

We are very excited to have **Michelle** join us. Michelle has completed her Bachelor of Education (Early Childhood)

Dates for the Diary:

Orientation days will be held for each room, so you can meet the teachers in the room, get to know the routine in the room and get answers to any questions you may have.



Pelican room orientation will be Wednesday the 10th of December at 4:30 p.m



Starfish room orientation will be Thursday the 11th of December at 4:30 p.m



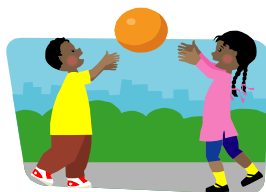
Octopus room orientation will be held on Friday the 12th of December at 4:30 p.m

We hope you can make it.



Graduation for those children going to school next year will be held on Thursday the 18th of December at 2:00 p.m, there will be a small presentation and afternoon tea for parents, friends and family.

We will be closed for two weeks over the Christmas period from Friday the 19th of December to Monday the 5th of January. You will not be charged fees for this period.



This Months Quote:

Twenty years from now you will be more disappointed by things you didn't do than by the ones you did.

So throw off the bow-lines, sail away from the safe harbour, catch the trade winds in your sails. Explore, Dream.

Mark Twain



From all the team at Imaginations, we wish every one of our families a very Merry and safe Christmas and a happy and healthy New Year.

Thank you for all your wonderful support and input into the centre over the past year.

It has been a very busy and rewarding year, with accreditation, winning the Clock and Orana business awards and providing the excellent everyday care and education for your children.

We look forward to seeing you all in 2009.

Medication Procedures:

Whenever possible medication should be administered at home. However this will not always be possible. Therefore to ensure children's safety and welfare, the giving of medication will be strictly monitored.

Parents/ guardians should consider whether their child who requires medication is well enough to be at the centre, and to keep the child at home if unwell.

The following procedures are followed at the centre:

1. No medication will be administered to a child

unless presented at the centre in the original container, bearing the original label, instructions and before the expiry or used by date. Staff will not administer any unlabelled medication

2. Prescribed medication must have the child's name on the medication and staff will not administer medications that is not prescribed to that child.

3. Medication must be given directly to a staff member that is in direct care of that child. Please do not leave medication in child's bag or locker.

4. Where a child is unwell to the point of needing more than one medication, that child will be deemed unfit for child care, unless a doctor's clearance certificate stating that the child as 'fit for child care, and will not jeopardise the health of other children or cares.

5. Parents/ Guardians must complete an Authorisation and Administration of Medication and medical procedures form (located in the child's room)

If you are unsure of medication procedures please ask Meredith or the room leaders.

The Truth about Fruit Juice: Childhood obesity is an increasing problem in Australia. Many Parents are confused about the health benefits of commercial fruit juice. Fruit Juice contains approximately the same or even greater amounts of sugar as traditional fizzy drink. Whilst juices are better options than soft drink in terms of the amount of vitamins that they provide, they are very high in natural fruit sugars. This provides a lot of energy or kilojoules to children and may also contribute to dental caries. To enjoy juice healthily, consider it a 'sometimes' item to be consumed on special occasions or offer your child fresh fruit this will provide them with the vitamins they need.



Please ensure that you slow down to 40 kilometers or less when you are approaching or driving near the centre.

Take special care entering and exiting the car park.

You never know where children can be, so please slow down.

Healthy party ideas for kids

Now it party season !



Fruity Traffic Lights

What you will need:

- 1/2 pineapple.
- 5 kiwifruit.
- 10 large strawberries.
- 10 wooden paddle pop sticks.

Thread the fruit on to the paddle pop sticks in alternative colours.

Other Healthy Suggestions

- Home made mini pizzas using lots of veggies and reduced fat cheese.
- Ice blocks made from fruit and yogurt.
- Mini fruit smoothies made with milk, juice and yogurt.
- Raw fruit and veggies cut into fun shapes.
- Blueberry pikelets.
- Fruit set in sugar-free jelly.